



THREEBUDS
APOTHECARY

good granola

INGREDIENTS

3/4 cup avocado oil
1/3 cup maple syrup (or honey)
1/4 cup granulated sugar
1 tbs brown sugar
1 tbs vanilla extract
2 tsp ground cinnamon
Pinch of Sea Salt
5 cups old-fashioned rolled oats
2 cups chopped nuts (optional)
1 cup dried berries (or raisins)

INSTRUCTIONS

Preheat oven to 325°
Line a half-sheet pan with parchment paper.
In a large bowl, mix together the first six ingredients.
Stir in remaining ingredients and press evenly into prepared pan.
Bake until golden brown (30-35 minutes), rotating midway through.
Remove from oven and allow to cool 30 minutes in pan.
Then get after it! If you happen to have left overs, store them in an airtight container.